Simply Fresh

Memorial Lutheran School Menu

December--2018

Monday	Tuesday	Wednesday	Thursday	Friday
3-Dec	4-Dec	5-Dec	6-Dec	7-Dec
Baked Chicken Breast with Mild Creamy	BBQ Beef Slider, Baked Beans, Fresh	Turkey Meat Sauce with Penne Pasta,	Chicken and Cheese Quesadillas, Brown	Crispy Chicken Sliders with Baked
Anaheim Sauce, Steamed Rice, Diced	Corn on Cob, Fresh Cut Fruit	Fresh Green Beans and Carrots, Fresh	Rice, Black Beans, Fresh Cut Fruit	Beans, Corn On Cob, Fresh Cut Fruit
Carrots and Peas, Fresh Cut Fruit		Cut Fruit		
Turkey & Swiss Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap with
10-Dec	11-Dec	12-Dec	13-Dec	14-Dec
Farfalle Pasta with Alfredo Sauce, Baked	Turkey and Cheese Enchilada, Spanish	Parmesan and Ricotta Ravioli, Diced	Beef Tamales, Black Beans, Steamed	Chicken & Waffles, Roasted Red
Chicken Breast, Roasted Carrots, Fresh	Rice, Steamed Broccoli, Fresh Cut Fruit	Carrots & Peas, Garlic Bread, Fresh Cut	Rice, Fresh Cut Fruit	Potatoes, Broccoli, Ketchup, Fresh Cut
Cut Fruit		Fruit		Fruit
Turkey & Swiss Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap with
17-Dec	18-Dec	19-Dec	20-Dec	21-Dec
Macaroni and Cheese, Oven Roasted	Crispy Chicken Biscuit Sandwich,	Classic Beef Lasagna with Grass-fed	Grilled Turkey and Cheese Sandwich,	Cheese Pizza, Fresh Cucumber with
Chicken Breast, Steamed Broccoli, Fresh	Mashed Potato, Green Peas and	Beef, Ricotta Cheese, Mozzarella Cheese	Spanish Rice, Steamed Broccoli, Fresh	House Made Ranch Dressing, Fresh Cut
Cut Fruit	Carrots, Fresh Cut Fruit	& Tomato Basil Pasta Sauce, Baked	Cut Fruit	Fruit
		Yellow Squash. Garlic Bread. Fresh Cut		
Turkey & Swiss Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap with
24-Dec	25-Dec	26-Dec	27-Dec	28-Dec
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
31-Dec	1-Jan	2-Jan	3-Jan	4-Jan
SCHOOL CLOSED				