

Memorial Lutheran School Menu July--2019

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jul	2-Jul	3-Jul	4-Jul	5-Jul
Crispy Chicken Croissant Sandwich, Mashed Potatoes, Green Peas and Diced Carrots, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Parmesan and Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit Turkey & Cheddar Sandwich	BBQ Beef Slider, Baked Beans, Fresh Corn on the Cob, Fresh Cut Fruit Grilled Cheese Sandwich	SCHOOL CLOSED	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
8-Jul	9-Jul	10-Jul	11-Jul	12-Jul
Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Turkey and Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit Turkey & Cheddar Sandwich	Grass-fed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit Grilled Cheese Sandwich	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit 100% Beef Hot Dog	Chicken & Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
15-Jul	16-Jul	17-Jul	18-Jul	19-Jul
Baked Chicken Breast with Mild Curry Sauce, Steamed Rice, Oven Roasted Carrots, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit Turkey & Cheddar Sandwich	Shredded Chicken Enchilada Casserole, Spanish Rice, Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich	Grass-fed Beef Sloppy Joe Sliders with Jack Cheese, Sweet Potato Tots, Fresh Corn, Fresh Cut Fruit 100% Beef Hot Dog	Classic Beef Lasagna with Grass-fed Beef, Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
22-Jul	23-Jul	24-Jul	25-Jul	26-Jul
Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Sweet and Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Turkey & Cheddar Sandwich	Grass-fed Beef Chili with Black Beans & Cheddar Cheese, Fresh Baked Corn Bread, Oven Roasted Carrots, Fresh Cut Fruit Grilled Cheese Sandwich	Grilled Turkey and Cheese Sandwich, Roasted Red Potatoes, Steamed Broccoli, Fresh Cut Fruit 100% Beef Hot Dog	Chicken Baked Ziti, Vegetable Medley, Garlic Bread, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
29-Jul	30-Jul	31-Jul	1-Aug	2-Aug
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Turkey & Cheddar Sandwich	Beef Steak Fingers Sliders, Mashed Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich		