

Memorial Lutheran School Menu June--2019

Monday	Tuesday	Wednesday	Thursday	Friday
3-Jun	4-Jun	5-Jun	6-Jun	7-Jun
Crispy Chicken Croissant Sandwich, Mashed	Broccoli, Cauliflower & Cheese Casserole with	Parmesan and Ricotta Ravioli, Green Peas &	BBQ Beef Slider, Baked Beans, Fresh Corn on	Cheese Pizza, Sliced Cucumber with House
Potatoes, Green Peas and Diced Carrots, Fresh	Baked Chicken Breast, Plain Pasta, Fresh Baked	Diced Carrots, Garlic Bread, Fresh Cut Fruit	the Cob, Fresh Cut Fruit	Made Ranch Dressing, Fresh Cut Fruit
Cut Fruit	Baguette, Fresh Cut Fruit			
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
10-Jun	11-Jun	12-Jun	13-Jun	14-Jun
Farfalle Pasta with Alfredo Sauce, Baked	Turkey and Cheese Croissant, Caprice Pasta	Grass-fed Beef Meatballs, Garden Rotini Pasta,	Beef Tamales, Black Beans, Steamed Rice,	Chicken & Waffles, Roasted Red Potatoes,
Chicken Breast, Oven Roasted Carrots, Fresh	Salad with Fresh Basil, Tomato, Mozzarella	Marinara Sauce, Baked Yellow Squash, Fresh	Fresh Cut Fruit	Steamed Broccoli, Ketchup, Fresh Cut Fruit
Cut Fruit	Cheese & Olive Oil, Sliced Cucumbers, Fresh	Cut Fruit		, , , , , , , , , , , , , , , , , , , ,
	Cut Fruit			
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
Roast Beer & Cheddar Sandwich	Turkey & Cheduar Sandwich	Grined Cheese Sandwich	100% Beel Hot Bog	Griffed Ciffckell and Cifeese Wrap
17-Jun	18-Jun	19-Jun	20-Jun	21-Jun
Macaroni and Cheese, Oven Roasted Chicken	Turkey Meat Sauce with Penne Pasta, Fresh	Shredded Chicken Enchilada Casserole, Spanish	Grass-fed Beef Sloppy Joe Sliders with Jack	Classic Beef Lasagna with Grass-fed Beef,
Breast, Steamed Broccoli, Fresh Cut Fruit	Green Beans and Carrots, Fresh Cut Fruit	Rice, Broccoli, Fresh Cut Fruit	Cheese, Sweet Potato Tots, Fresh Corn, Fresh	Ricotta Cheese, Mozzarella Cheese & Tomato
			Cut Fruit	Basil Pasta Sauce, Baked Yellow Squash, Garlic
				Bread, Fresh Cut Fruit
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
24-Jun	25-Jun	26-Jun	27-Jun	28-Jun
Chicken and Cheese Quesadillas, Brown Rice,	Sweet and Sour Chicken, Steamed Rice,	Grass-fed Beef Chili with Black Beans &	Grilled Turkey and Cheese Sandwich, Roasted	Chicken Baked Ziti, Vegetable Medley, Garlic
Black Beans, Fresh Cut Fruit	Broccoli, Fresh Cut Fruit	Cheddar Cheese, Fresh Baked Corn Bread,	Red Potatoes, Steamed Broccoli, Fresh Cut	Bread, Fresh Cut Fruit
		Oven Roasted Carrots, Fresh Cut Fruit	Fruit	
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
1-Jul	2-Jul	3-Jul	4-Jul	5-Jul