## Simply Fresh

## Memorial Lutheran School Menu

June--2020

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jun	2-Jun	3-Jun	4-Jun	5-Jun
Macaroni & Cheese with Oven Roasted T	urkey & Cheese Croissant, Caprice Pasta Salad	Chicken Fried Rice with Carrots & Lima Beans,	Beef Tamales, Black Beans, Steamed Rice,	Cheese Pizza, Sliced Cucumber with House
Chicken, Steamed Broccoli, Fresh Cut Fruit w	with Fresh Basil, Tomato, Mozzarella Cheese &	Steamed Broccoli, Fresh Baked Baguette, Fresh	Fresh Cut Fruit	Made Ranch Dressing, Fresh Cut Fruit
	Olive Oil, Sliced Cucumbers, Fresh Cut Fruit	Cut Fruit		
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
8-Jun	9-Jun	10-Jun	11-Jun	12-Jun
Chicken & Cheese Quesadillas, Brown Rice,	Grassfed Beef Meatballs, Garden Rotini Pasta,	Rosemary Crispy Chicken with Rice Pilaf,	Grassfed Beef Chili with Black Beans & Cheddar	Chicken Baked Ziti, Vegetable Medley, Garlic
Black Beans, Fresh Cut Fruit	Marinara Sauce, Baked Yellow Squash, Fresh	Roasted Red Potato & Carrots, Fresh Baked	Cheese, Steamed Rice, Oven Roasted Carrots,	Bread, Fresh Cut Fruit
	Cut Fruit	French Bread, Fresh Cut Fruit	Fresh Cut Fruit	
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
15-Jun	16-Jun	17-Jun	18-Jun	19-Jun
BBQ Beef Slider, Baked Beans, Fresh Corn,	Baked Chicken Breast with Mild Creamy	Parmesan & Ricotta Ravioli, Green Peas &	Turkey Meat Loaf, Mashed Potatoes, Sautéed	Chicken and Waffles, Roasted Red Potatoes,
Fresh Cut Fruit	Anaheim Sauce, Steamed Rice, Green Peas &	Diced Carrots, Garlic Bread, Fresh Cut Fruit	Green Beans & Carrots, Fresh Baguette, Fresh	Steamed Broccoli, Ketchup, Fresh Cut Fruit
	Diced Carrots, Fresh Cut Fruit		Cut Fruit	
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
Baked Chicken Breast with Alfredo Sauce,	Sweet and Sour Chicken, Steamed Rice,	Beef Sloppy Joe Sliders, Sweet Potato Tots,	Teriyaki Chicken with Broccoli and Carrots,	Classic Grassfed Beef Lasagna, Ricotta Cheese,
Farfalle Pasta, Oven Roasted Carrots, Fresh Cut	Broccoli, Fresh Cut Fruit	Fresh Corn, Fresh Cut Fruit	Steamed Rice, French Bread, Fresh Cut Fruit	Mozzarella Cheese & Tomato Basil Pasta Sauce,
Fruit				Baked Yellow Squash, Fresh Cut Fruit
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich	Grilled Cheese Sandwich	100% Beef Hot Dog	Grilled Chicken and Cheese Wrap
29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
	urkey & Cheese Croissant, Caprice Pasta Salad			
	with Fresh Basil, Tomato, Mozzarella Cheese &			
	Olive Oil, Sliced Cucumbers, Fresh Cut Fruit			
Roast Beef & Cheddar Sandwich	Turkey & Cheddar Sandwich			