

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

Lunches Provided By:

Roadrunner Foods

(p) 281-565-7902

www.RoadrunnerFoodService.com

MAY 2022

MEMORIAL LUTHERAN SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

2

Baked Fish Sticks
Mashed Potatoes
Sweet Peas
Cinnamon Baked Apples

V: Veggie Nuggets

3

Chicken Teriyaki Fried Rice w/ Mixed Veggies
Crinkle Cut Carrots
Hawaiian Roll
Seasonal Fresh Fruit

V: Teriyaki Fried Rice w/ Veggie "Chicken"

4

Spaghetti w/ Beef Meat Sauce
Green Beans
Dinner Roll
Seasonal Fresh Fruit

V: Spaghetti w/ Veggie "Meat" Sauce

5

Baked Chicken Tenders
Potatoes Au Gratin
Steamed Broccoli
Seasonal Fresh Fruit

V: Veggie Nuggets

6

Cheese Pizza
Buttered Corn
Cinnamon Baked Apples

9

Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli
Oven Roasted Baby Carrots
Dinner Roll
Seasonal Fresh Fruit

V: Bow Tie Pasta w/ Veggie "Chicken"

Breakfast For Lunch!

10

French Toast Sticks w/ Syrup
Turkey Sausage Patty
Potatoes O'Brian w/ Tri-Colored Bell Peppers
Seasonal Fresh Fruit

V: Veggie Sausage Patty

11

Ground Beef Soft Tacos w/ Monterey Jack Cheese

Spanish Rice w/ Mixed Veggies
Refried Beans
Seasonal Fresh Fruit

V: Bean & Cheese Taco

12

Crispy Chicken Sandwich on a Whole Wheat Bun

Crispy Baked Tater Tots
Peas & Carrots Blend
Seasonal Fresh Fruit

V: Veggie Burger

13

Cheese Pizza
Green Beans
Cinnamon Baked Apples

16

Baked Chicken Tenders
Macaroni & Cheese
Mixed Veggies
Seasonal Fresh

V: Veggie Nuggets

17

Beef Meatballs w/ Brown Gravy over Mashed Potatoes
California Veggie Blend
Hawaiian Roll
Seasonal Fresh

V: Veggie Meatballs

18

Fettucine Alfredo w/ Grilled Chicken
Oven Roasted Baby Carrots
Dinner Roll
Seasonal Fresh

V: Fettucine Alfredo

19

BBQ Chicken Sandwich on a Whole Wheat Bun
Veggie Baked Beans
Buttered Corn
Seasonal Fresh Fruit

V: Veggie BBQ "Chicken"

20

Cheese Pizza
Sweet Peas
Cinnamon Baked Apples

23

Chicken & Spinach Rigatoni Pasta w/ Marinara Sauce
Green Beans
Dinner Roll
Seasonal Fresh Fruit

V: Spinach Rigatoni Pasta w/ Marinara

Breakfast For Lunch!

24

Buttermilk Waffles w/ Syrup
Turkey Sausage Patty
Potatoes O'Brian w/ Tri-Colored Bell Peppers
Seasonal Fresh Fruit

V: Veggie Sausage Patty

25

Ground Beef Sloppy Joe on a Whole Wheat Bun

Crispy Baked Tater Tots
Crinkle Cut Carrots
Seasonal Fresh Fruit

V: Veggie "Meat" Sloppy Joe

26

27

30

31



SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: **580000**

Each day your child will get a choice between three alternative entrées.

Either **A: Grilled Cheese** **B: Cheesy Chicken, Broccoli, & Rice Casserole**

C: Oven Baked Chicken Tenders. These alternative items will replace the entrée for the day; all sides will remain the same.

All menu items are subject to change without notice due to availability, freshness, and quality of ingredients