

Lunch orders must be placed through Lunch Direct by Wednesday for the following week.

JANUARY 2021

MEMORIAL LUTHERAN SCHOOL

Lunches Provided By:
Roadrunner Foods
(p) 281-565-7902
(f) 281-565-7904
RoadrunnerFoodService.com



Monday

Tuesday

Wednesday

Thursday

Friday



HAPPY NEW YEAR!

4
Fettuccine Alfredo w/ Grilled Chicken
Oven Roasted Baby Carrots
Wheat Roll
Seasonal Fresh Fruit

V: Fettuccine Alfredo

5
Ground Beef Sloppy Joe
Sweet Potato Fries
Sweet Peas
Seasonal Fresh Fruit

V: Veggie "Meat" Sloppy Joe

6
BBQ Baked Chicken Legs
Macaroni & Cheese
Mixed Veggies
Seasonal Fresh Fruit

V: Cheesy Broccoli & Rice Casserole

7
Beef Steak Fingers
Mashed Potatoes w/ Gravy
Green Beans
Seasonal Fresh Fruit

V: Veggie Nuggets

8
Oven Baked Cheese Pizza
Crinkle Cut Carrots
Cinnamon Baked Apples

11
Buttermilk Waffles W/ Syrup
Oven Baked Chicken Tenders
Potatoes O'Brien
Seasonal Fresh Fruit

V: Veggie Nuggets

12
Oven Baked Fish Sticks
Potatoes Au Gratin
Mixed Veggies
Seasonal Fresh Fruit

V: Grilled Cheese

13
Turkey & Cheese Croissant
Italian Pasta Salad w/ Celery, Tomatoes,
& Parmesan
Seasonal Fresh Fruit

V: Sunbutter & Jelly Sandwich

14
Chicken Spinach Penne Pasta
w/ Mozzarella
Italian Herb Bread Sticks
Buttered Corn
Seasonal Fresh Fruit
V: Penne Pasta w/ Spinach, Marinara, &
Mozzarella

15
Oven Baked Cheese Pizza
Green Beans
Cinnamon Baked Apples

18
NO SCHOOL

MLK DAY

19
Chicken Fajita Soft Tacos w/ Bell Peppers
Cheese
Refried Beans
Spanish Rice
Seasonal Fresh Fruit
V: Cheese Quesadilla

20
French Toast Sticks w/ Syrup
Potatoes O'Brien
Turkey Sausage Patty
Seasonal Fresh Fruit

V: Veggie "Sausage" Patty

21
Beef Cheeseburger
Mashed Potatoes
Sweet Peas
Seasonal Fresh Fruit

V: Veggie Burger

22
Oven Baked Cheese Pizza
Buttered Corn
Cinnamon Baked Apples

25
Beef Fried Rice w/ Mixed Veggies
Crinkle Cut Carrots
Sliced Pita Bread
Seasonal Fresh Fruit

V: Fried Rice w/ Veggie "Chicken"

26
Chicken Parmesan
Spaghetti w/ Marinara Sauce
Roasted Parmesan Cauliflower
Seasonal Fresh Fruit

V: Veggie "Chicken" Parmesan

27
Southwest Lentils w/ Turkey Sausage
over Steamed White Rice
Green Beans
Wheat Roll
Seasonal Fresh Fruit
V: Southwest Lentils over Rice

28
Oven Baked Chicken Tenders
Broccoli & Cheese Rice
Buttered Corn
Seasonal Fresh Fruit

V: Veggie Nuggets

29
Oven Baked Cheese Pizza
Mixed Veggies
Cinnamon Baked Apples

SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: **580000**

*****ALTERNATIVE MENU*****

Each day your child will get a choice between two alternative entrées.
Either **A: Grilled Cheese** or **B: Toasted Turkey & Cheese Sandwich**.

These alternative items will replace the entrée for the day; all sides will remain the same.

All menu items are subject to change without notice due to availability, freshness, and quality of ingredients

