

Lunch orders must be placed through Lunch Direct by Wednesday for the following week.

# NOVEMBER 2020

## MEMORIAL LUTHERAN SCHOOL

Lunches Provided By:  
Roadrunner Foods  
(p) 281-565-7902  
(f) 281-565-7904  
RoadrunnerFoodService.com

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Oven Baked Parmesan Crusted Tilapia Mashed Potatoes Green Beans Seasonal Fresh Fruit V: Veggie Nuggets	<b>3</b> Ground Beef Sloppy Joes Sweet Potato Fries Buttered Corn Seasonal Fresh Fruit V: Veggie "Meat" Sloppy Joe	<b>4</b> Macaroni & Cheese w/ Grilled Chicken Sweet Peas Pita Bread Seasonal Fresh Fruit V: Macaroni & Cheese	<b>5</b> Oven Baked Chicken Tenders Cheesy Broccoli Rice Mixed Veggies Seasonal Fresh Fruit V: Veggie Nuggets	<b>6</b> Oven Baked Cheese Pizza Crinkle Cut Carrots Cinnamon Baked Apples
<b>9</b> Spaghetti w/ Chicken Meatballs Wheat Roll Oven Roasted Baby Carrots Seasonal Fresh Fruit V: Spaghetti w/ Marinara Sauce	<b>10</b> BBQ Baked Chicken Leg Potatoes Au Gratin Green Beans Seasonal Fresh Fruit V: Cheesy Broccoli & Rice Casserole	<b>11</b> Ground Beef Soft Tacos w/ Monterey Jack Cheese Spanish Rice w/ Mixed Veggies Refried Beans Seasonal Fresh Fruit V: Bean & Cheese Roll-Up	<b>12</b> Turkey & Cheese Croissant Italian Pasta Salad w/ Tomato, Celery, and Fresh Parmesan Seasonal Fresh Fruit V: Sunbutter & Jelly Sandwich	<b>13</b> Oven Baked Cheese Pizza Sweet Peas Cinnamon Baked Apples
<b>16</b> Buttermilk Waffles w/ Syrup Oven Baked Chicken Tenders Potatoes O'Brien Seasonal Fresh Fruit V: Veggie Nuggets	<b>17</b> Fettuccine Alfredo w/ Grilled Chicken Sweet Peas Wheat Roll Seasonal Fresh Fruit V: Fettuccine Alfredo	<b>18</b> Chicken Teriyaki Fried Rice w/ Mixed Veggies Crinkle Cut Carrots Pita Bread Triangles Seasonal Fresh Fruit V: Teriyaki Fried Rice w/ Veggie "Chicken"	<b>19</b> <b>TURKEY DINNER!</b> Sliced Oven Roasted Turkey Breast w/ Gravy Mashed Sweet Potatoes Green Beans Dinner Roll Seasonal Fresh Fruit V: Veggie "Chicken" Strips	<b>20</b> Oven Baked Cheese Pizza Mixed Veggies Cinnamon Baked Apples
<b>23</b> Mini Turkey Corndogs Macaroni & Cheese Green Beans Seasonal Fresh Fruit V: Veggie Nuggets	<b>24</b> Southwest Lentils w/ Turkey Sausage Steamed White Rice Mixed Veggies Wheat Roll Seasonal Fresh Fruit V: Southwest Lentils over Rice	<b>25</b> Spinach Rigatoni Pasta w/ Chicken & Mozzarella Sweet peas Wheat Roll Seasonal Fresh Fruit V: Spinach Rigatoni w/Marinara Sauce & Mozzarella	<b>26</b> <b>HAPPY THANKSGIVING</b>	<b>27</b> <b>NO LUNCH SERVICE</b>
<b>30</b> Oven Baked Parmesan Crusted Tilapia Steamed White Rice w/ Brown Gravy Crinkle Cut Carrots Seasonal Fresh Fruit V: Veggie Nuggets				

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**  
[WWW.LUNCHDIRECT.COM](http://WWW.LUNCHDIRECT.COM)  
 SCHOOL CODE: **580000**

**\*\*\*NEW ALTERNATIVE MENU\*\*\***  
 Each day your child will get a choice between two alternative entrées.  
 Either **A: Grilled Cheese** or **B: Toasted Turkey & Cheese Sandwich**.  
 These alternative items will replace the entrée for the day; all sides will remain the same.

\*All menu items are subject to change without notice due to availability, freshness, and quality of ingredients\*

