

Memorial Lutheran School Menu September--2019

Monday	Tuesday	Wednesday	Thursday	Friday
2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
SCHOOL CLOSED	Crispy Chicken Croissant Sandwich, Mashed Potatoes, Green Peas and Diced Carrots, Fresh Cut Fruit Turkey & Cheddar Sandwich	Parmesan and Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit Grilled Cheese Sandwich	Grassfed Beef with Spaghetti, Fresh Green Beans and Carrots, Fresh Cut Fruit 100% Beef Hot Dog	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Turkey and Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit Turkey & Cheddar Sandwich	Grass-fed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit Grilled Cheese Sandwich	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit 100% Beef Hot Dog	Chicken & Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Rosemary Chicken with Rice Pilaf, Roasted Red Potato & Carrots, Fresh Baked French Bread, Fresh Cut Fruit Turkey & Cheddar Sandwich	Beef Steak Fingers Sliders, Mashed Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich	Grilled Turkey and Cheese Sandwich, Roasted Red Potatoes, Steamed Broccoli, Fresh Cut Fruit 100% Beef Hot Dog	Breakfast for Lunch: Eggs, Turkey Sausage, Pancakes, Breakfast Potato Steamed Broccoli, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Sweet and Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Turkey & Cheddar Sandwich	Chicken Baked Ziti, Vegetable Medley, Garlic Bread, Fresh Cut Fruit Grilled Cheese Sandwich	100% Beef Hot Dogs, Baked Beans, Fresh Corn, Fresh Cut Fruit 100% Beef Hot Dog	Classic Beef Lasagna with Grass-fed Beef, Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit Grilled Chicken and Cheese Wrap
30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
Parmesan and Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit Roast Beef & Cheddar Sandwich				