

## Memorial Lutheran School Menu March--2019

Monday 25-Feb	Tuesday 26-Feb	Wednesday 27-Feb	Thursday 28-Feb	Friday 1-Mar
				Beef Steak Fingers Sliders, Mashed Potato, Steamed Broccoli, Fresh Cut Fruit  <b>Grilled Chicken and Cheese Wrap</b>
4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit  <b>Roast Beef &amp; Cheddar Sandwich</b>	Classic Beef Lasagna with Grass-fed Beef, Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit  <b>Turkey &amp; Cheddar Sandwich</b>	Crispy Chicken Croissant Sandwich, Mashed Potatoes, Green Peas and Diced Carrots, Fresh Cut Fruit  <b>Grilled Cheese Sandwich</b>	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit  <b>100% Beef Hot Dog</b>	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit  <b>Grilled Chicken and Cheese Wrap</b>
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
Baked Chicken Breast with Mild Curry Sauce, Steamed Rice, Oven Roasted Carrots, Fresh Cut Fruit  <b>Roast Beef &amp; Cheddar Sandwich</b> <span style="color: red;">CHILD CARE ONLY</span>	Turkey and Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Mozzarella Cheese & Olive Oil, Sliced Cucumbers, Fresh Cut Fruit  <b>Turkey &amp; Cheddar Sandwich</b> <span style="color: red;">CHILD CARE ONLY</span>	Shredded Chicken Enchilada Casserole, Spanish Rice, Broccoli, Fresh Cut Fruit  <b>Grilled Cheese Sandwich</b> <span style="color: red;">CHILD CARE ONLY</span>	Grass-fed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit  <b>100% Beef Hot Dog</b> <span style="color: red;">CHILD CARE ONLY</span>	Chicken & Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit  <b>Grilled Chicken and Cheese Wrap</b> <span style="color: red;">CHILD CARE ONLY</span>
18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit  <b>Roast Beef &amp; Cheddar Sandwich</b>	Sweet and Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit  <b>Turkey &amp; Cheddar Sandwich</b>	Grass-fed Beef Chili with Black Beans & Cheddar Cheese, Fresh Baked Corn Bread, Oven Roasted Carrots, Fresh Cut Fruit  <b>Grilled Cheese Sandwich</b>	Parmesan and Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit  <b>100% Beef Hot Dog</b>	Crispy Chicken with Rice Pilaf, Green Peas & Diced Carrots, Fresh Baked French Bread, Fresh Cut Fruit  <b>Grilled Chicken and Cheese Wrap</b>
25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Fresh Cut Fruit  <b>Roast Beef &amp; Cheddar Sandwich</b>	Beef Tortellini in Creamy Marinara Sauce, Steamed Broccoli, Garlic Bread, Fresh Cut Fruit  <b>Turkey &amp; Cheddar Sandwich</b>	Grilled Turkey and Cheese Sandwich, Roasted Red Potatoes, Steamed Broccoli, Fresh Cut Fruit  <b>Grilled Cheese Sandwich</b>	Chicken Baked Ziti, Vegetable Medley, Garlic Bread, Fresh Cut Fruit  <b>100% Beef Hot Dog</b>	Creamy Shredded Chicken Chili with White Beans, Steamed Rice, Sautéed Fresh Corn with Bell Peppers, Fresh Cut Fruit  <b>Grilled Chicken and Cheese Wrap</b>